

walk with independence



- **Lightweight**
- **Stable**
- **Maneuverable**
- **Folds Easily**
- **“Feather Touch”
Hand Brakes**

for all Nova Rolling Walker models



ORTHO-MED, INC.

Commitment to Caring

NovaOrtho-Med.com

USER WARNING

READ IMMEDIATELY

DO NOT USE AS A WHEELCHAIR OR TRANSPORT CHAIR.
Use seat for stationary seating only. Never sit and push with your feet.
Do not go up or down stairs or use on escalators.

How to Walk with a Walker

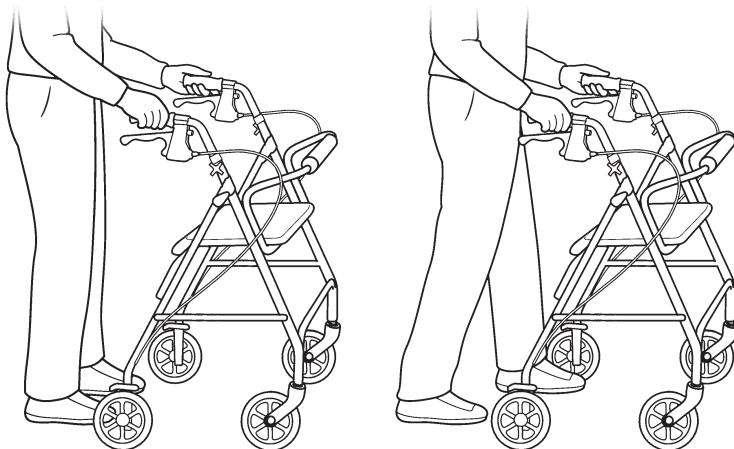
Determine Correct Walker Height

Stand behind the walker with your arms and hands hanging at your sides and both feet in line with the rear wheels. Adjust the height of the walker handles (see Assembly Instructions on page 3) so that they are even with your hip joint. When you stand straight and grip the handles, your arms should be slightly bent at your elbows (approximately 20 to 30 degrees).



Walking with your Wheeled Walker

1. Roll your walker slowly forward so that the rear wheels are a few inches ahead of your body.
2. Step forward and place one foot in line with the rear wheels.
3. Maintaining a steady roll forward, place your other foot in line with the rear wheels.
4. Determine a pace that is comfortable and allows you to place each step in line with the rear wheels.



To Remove or Replace Back

Models (4202,4214,4215,4216):

Patented Easy-to-Remove Back allows four-wheel models to fold compactly.

1. To release back, simply pull and turn knob (see photo).
2. After both knobs have been set to release, pull up on the backrest to remove.
3. To secure back, simply hold in place and turn knob.



Four-Wheel Models (4200,4200c,4202c,4203,4208,4212):

These models are equipped with the new flip up back design for quick and easy storage. Your back never has to be removed.

1. The back may be removed for shipping. Attach the back by pushing in on both push buttons and inserting each side into the plastic swivel hinges. Pull on the back to insure that push buttons are securely engaged.

To Fold

Four-Wheel Models:

1. To release patented Easy-to-Remove back, simply pull and turn the knob.
2. Grasp the "Easy Fold" seat handle and pull upward.
3. To secure back, simply hold in place and turn the knob.

Four-Wheel Models (4200C,4202C):

1. Swivel the padded seat up and remove the basket.
2. Pull up on the folding string until the walker is in folded position.

Three-Wheel Models:

Push upward on the black rectangular folding mechanism, then pull the handles inward.



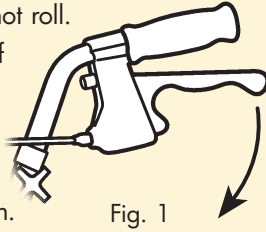
How to Use Brakes

CAUTION: WALKER MUST BE IN A STATIONARY POSITION WHEN SITTING. DO NOT USE AS A WHEELCHAIR OR TRANSPORT CHAIR.

To Park and Sit

Four-Wheel Models w/Hand Brakes:

1. Push down on the knob located at the rear of the hand brake handles. (See Fig. 1)
2. The handle will lock into a downward position when properly engaged.
3. Test the walker before sitting down to make sure it will not roll.
4. Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning of the walker.



Cruiser and Cruiser II:

1. DO NOT support your weight on the handles when sitting down. The wheels do not lock in a parked position.
2. Use the handles to stabilize your body as you turn around.
3. Holding your hands on the foam handles, slowly lower your body onto the seat.

To Release Brake from Parked Position

Three and Four-Wheel Models w/Hand Brakes:

1. Simply pull up on hand brake handle.

Cruiser:

1. When sitting, lift your weight from the seat.
2. When walking, lift your weight from the handles.

How to Adjust the Brakes

The following information is designed to assist you with the adjustment of your Nova Feather Touch Hand Brake System.

NOTE: The braking system on your new Nova walker has been preset from the factory. To maintain this preset position, be sure that the tension adjustment screw locking nuts (see Fig. 2) are tight against the housing and the rear wheels.

If you are still having difficulty with your brakes, you can adjust them by the following:

1. Hand brake is too loose.

Loosen the tension adjustment screw locking nut and turn the screw one full turn clockwise (as viewed from standing at the back of the walker). If this does not correct the adjustment, repeat one full turn at a time until you have adjusted your brakes. Then make sure the locking nut is spun tight against the housing to prevent the screw from loosening.

2. Hand brake is too tight.

Loosen the tension adjustment screw locking nut and turn the screw one full turn counter clockwise (as viewed from standing at the back of the walker). If this does not correct the adjustment, repeat one full turn at a time until you have adjusted your brakes. Then make sure the locking nut is spun tight against the housing to prevent the screw from loosening.

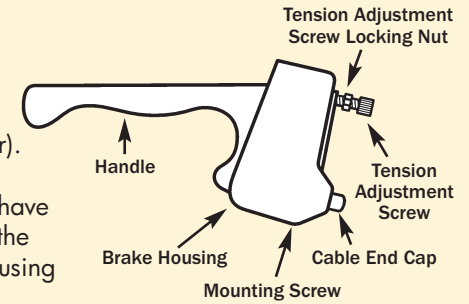


Fig. 2

To Sit Down:

1. Lock the brakes.
2. Hold onto both handgrips, not the brake handles.
3. Turn around and touch the back of your legs against the seat.
4. Slowly lower yourself onto the seat.

To Prevent Tipping Over when Sitting:

Distribute your weight evenly on the seat. Do not lean on one side of the walker. Both feet should rest flat on the ground.

Usage Instructions

To Assemble

1. Remove the height adjustment screw and black adjustment knob from each handle.
2. Slide both handles into the tubular frame and then insert the height adjustment screws from the inside of the frame for the desired height.
3. Make sure that the hex screw head fits into the hex cut-out on inside of frame.
4. Tighten the black adjustment knob onto the screw from the outside of the walker frame.
5. Attach the basket by hanging both hooks onto to the crossbar that supports the seat.

To Open

Four-Wheel Models:

1. Hold both handles and squeeze up on the hand brakes.
2. Hold the walker upright and rest it on the rear wheels.
3. Continuing to hold one handle and hand brake, use your other hand to grasp the seat handle and push down and backwards to open the walker.
4. Press down on the seat to lock into place for the proper walking position.

Three-Wheel Models:

1. Push handles outward to spread the wheels apart.
2. Push down on the black rectangular folding mechanism until it locks into place.

Accessories



Hanging Walker Pouch

- Fits all folding and 4200 series walkers
 - Velcros to front crossbar of folding walker or backrest of 4200 series
 - Extra storage for lightweight objects
 - Water-resistant
- Item #4001W



Basket Cover Bag

- Easy access velcro top
 - Water-resistant
- Item #4200P (for 4200/4201/4203/4212 basket)
 Item #4208P (for 4208 basket)
 Item #4218P (for 4202/4207 basket)
 Item #4214P (for 4214 basket)
 Item #4215P (for 4215/4216 basket)



Rubber Seat Pad

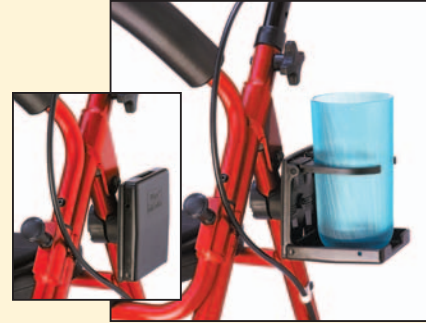
- 1/2" thick rubber helps reduce back fatigue when resting
 - Attaches to plastic seat with 4 screws
- Item #4200RS (fits 4201, 4208, 4203 with flip up back)
 Item #4203RS (fits 4200, 4203, 4212)

Flashlight

- Add extra light and safety in dark places
 - Attaches to most walkers, transport chairs, and wheelchairs
 - (7/8"-1" diameter)
- Item #FL-1000



Accessories



Drink Holder

- Attaches easily to all rolling walkers
 - Adjust to hold different size items
 - Folds up when not in use
- Item #CH-1000



Plastic Food Tray

- Optional accessory on 4200 series
 - Fits on plastic seat and rubber seat pad
 - Can be used as a lunch or dinner tray
- Item #4000T (does not fit 4208)



Travel Bag

- Fits all folding walkers and 4-wheeled walkers
 - Nylon carry bag provides added protection for airline travel or storage
- Item #4000TB



Aloha Walker Bag Item #4200SB



Aloha Seat Cover Item #4200SC

Customer Registration & Warranty

Keep for your records

1. Do not attempt to repair the walker yourself.
2. Call the store where you purchased the walker. Most dealers do repairs and will re-order parts for you.
3. If your dealer is unable to help you, please call Nova.

Lifetime Limited Warranty

NOVA Ortho-Med, Inc. warrants this product to be free from defects in material or workmanship for a period of lifetime from date of purchase. If within the specified warranty period, this product is proven to be defective, it will be repaired or replaced at NOVA O.M.'s option. This warranty does not cover shipping costs incurred in replacement or repair of this product.

NOVA O.M. stands firm on our commitment to providing the highest quality products, as well as exceptional service. This product was built to precise standards and thoroughly inspected prior to shipment. This Lifetime Limited Warranty represents our confidence in the materials and workmanship of our products.

For warranty service, please contact the dealer from whom you purchased your NOVA O.M. product. In the event that you do not receive satisfactory service, please call us directly at the number below. Be prepared to indicate the nature of the defect, the product serial number, and the name and location of your dealer. You will also be required to provide a receipt of your purchase. DO NOT return any products to our office without prior consent.

This warrant does not cover problems due to user negligence or misuse of the product. This warranty shall not extend to non-durable components, including but not limited to rubber tips, hand grips, casters, and other parts subject to normal "wear and tear."

THIS FOREGOING WARRANTY IS EXCLUSIVE AND IN LIEU OF ALL OTHER EXPRESS WARRANTIES, IMPLIED WARRANTIES, IF ANY, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. NOVA O.M. SHALL NOT BE LIABLE FOR ANY SEQUENTIAL OR INCIDENTAL DAMAGES WHATSOEVER.



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